Future in Mind update - context

- Children's mental health continues to be a priority, nationally and locally
- Green paper recently consulted upon
- National prevalence survey to be published this year. Local data suggests need for support still increasing.
- Local plans to improve children's mental health delivered through multi-agency local transformation plan – in its third year





Future in Mind update – progress (1)

- Involving young people
 - MH:2K project
 - Targeted CAMHS Service User Group
 - Development of Hopewood
- Early support
 - Whole school approaches to wellbeing
 - Universal services CAMHS practitioner role
 - Time4me and self-harm clinics in schools
 - New Forest Parenting Programme





Future in Mind update – progress (2)

- Targeted CAMHS
 - New Syrian Refugee Practitioner post
 - Support for Trans4Me Group
 - Focus on better supporting universal services and reducing waiting times for interventions
- Specialist CAMHS

NOTTINGHA

PROUD OF NOTTINGHAM'S CHILDREN & YOUNG PEOPLE

CHILDREN'S

- Expanded Crisis Resolution and Home Treatment team
- Further focus on CYP eating disorder service
- Focus on improving waiting times for assessment and treatment



Future in Mind update – progress (3)

- Integrating services
 - Further development of Single Point of Access
 - National funding for Speech and Language Therapy and Clinical Psychology capacity to support young offenders with mental health needs
 - Workforce development targeted and specialist CAMHS staff accessing national training in evidencebased interventions





Future in Mind update – key priorities

- Emotional health and wellbeing charter for city schools
- Further strengthening joint working between targeted and specialist CAMHS
- Rolling out CAMHS Liaison at Queen's Medical Centre
- Strengthening mental health support to looked after children and care leavers



